

DAY OF ATTUNEMENT

*Living in Harmony
Consciously, Creatively and Collaboratively*

*Monday August 4th, 2008 (civic holiday)
From 10:00 a.m. to 3:00 p.m.
Potluck lunch*

*Parham Attunement Retreat
Parham, Ontario*

~ Nourishment for body, mind, heart and soul ~

Tai chi on the lawn
Attunement healing circle
Considering Life's principles and purpose
Dialogue and authentic conversation
Music, sound and toning

RSVP by August 1st

Telephone: 613-375-6772

Email: judiediamond@gmail.com. Please write "Day of Attunement" in the Subject line.

Cost: by donation (suggested minimum \$10.00)